



“IT’S BETTER TO BE IMPERFECT
THAN TO BE ABSENT.”

by
SARAH Michelle Brown



IMPERFECTION ROCKS!

Hey VideoStar!

Indeed, imperfection can be the source of MAGIC in your videos.

Let's do a deep dive into kicking the Inner Critic to the curb so that you can tap into your own *glorious* imperfections.

Let's Do This!

And as always...

Dream up,



Sarah Michelle Brown
Your Virtual Video Director



Writing Exercise #1

Take a moment for yourself and write down what the Inner Critic wants you to believe about your ability + desire to make videos:



Writing Exercise #2

What is your Inner Critic trying to protect you from:



Writing Exercise #3

What AMAZING experiences + opportunities are on the other side of stepping outside your comfort zone (dream fully):



*Be sure to share your
questions and ah-hahs in the
Facebook group!*

About SARAH

I'm a real-life filmmaker and I also work with big-dreaming 'preneurs (like YOU) who want to play it bigger in their biz by making amazing videos.

The only problem is you feel awkward on-camera, you don't know where to start when it comes to content and structure, let alone video production, and you're terrified to put yourself out there.

Heck, just thinking about making videos makes you break out in a sweat and your heart race!

It doesn't have to be this way.

I teach you how to be CONFIDENT + FULL OF PERSONALITY on-camera and make AMAZING videos so that you become fearless about putting yourself out there and build genuine, loyal connections with your audiences.



WANT TO WORK TOGETHER?

