

by SARAH Michelle Brown

FIND YOUR LIGHT

Hey VideoStar!

"Find your light" is a term that I sometimes use with actors, when they're not standing in the light that shows them off the best.

Lighting is a BEAUTIFUL way to add to your unique brilliance (in more than one way).

You're no longer hiding your awesomeness behind a room that's too dark, or facing away from the window.

So let's find your light, shall we?

And as always...

Dream up,

Sarah Michelle Brown Your Virtual Video Director



It's time to look back at your previous Video Missions. Wooo!!!

(I know, you may be groaning at me, lol).

Go through them and find the ones where:

- 1. You *liked* what was happening with the light and what it did FOR you and your fabulous face.
- 2. You *didn't* like what was happening with the light and what it did TO you and your fabulous face.

Use the space on the next page to write down:

- What was going on lighting-wise for both situations.
- · What was it about the light?
- AND based on the simple lighting ideas that you've learned, how could you make the lighting in those videos better?

(Feel free to print up multiple copies of the next two pages if you need the extra writing space.)



LIGHTING I LIKED:

What was going on lighting-wise?

What was it about the light?

AND based on the simple lighting ideas that I've learned, how could I make the lighting in these videos better?



LIGHTING I DIDN'T LIKE:

What was going on lighting-wise?

What was it about the light?

AND based on the simple lighting ideas that I've learned, how could I make the lighting in these videos better?



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