



YOUR HERO'S JOURNEY

by

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TIME FOR SOME WRITING QUESTS

Hey VideoStar!

There was A LOT of info packed into that short Hero's Journey video.

Let's break it down a bit and focus it towards you and ***your Video Journey.***

And as always...

Dream up,



Sarah Michelle Brown
Your Virtual Video Director




YOUR HEROIC TOUCHSTONES

It's important to recognize the stages of your Video Journey for what they are.

Being able to understand where you are in the process, holds the *key* to guiding yourself through that stage!

Okie, time to limber up those fingers and write:


What stage of the Hero's Journey spoke to you the MOST when it comes to making videos for your biz? And why?




What stages of the Hero's Journey have you already been through while trying to make videos? How did you REACT to each stage?



List the tests, allies and enemies that you've experienced around making videos:



What changes do you need to make, in order to become the Heroic VideoStar that you want to become? In other words, what's YOUR Hero's Journey (from A condition to B condition)?



When you become wonderfully confident and comfy on-camera, what is the ELIXIR that you'll share with ***your*** dream + future clients?



*Be sure to share your
questions and ah-hahs in the
Facebook group!*